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重點單字

1. **period** [ˈpiəriəd] *n.* 時期；期間
That was a very fun period of my life.
那是我生命中很有趣的一段時期。
2. **realize** [ˈriəlaɪz] *v.* 知道；明白
I didn't realize that Jason was your brother.
我不知道傑森是你的哥哥。
3. **forgive** [fəˈɡɪv] *v.* 原諒
(forgive-forgave-forgiven)
Did you forgive Nina for getting angry?
你原諒妮娜發脾氣這件事了嗎？
4. **confident** [ˈkɒnfədənt] *adj.* 有信心
I'm confident that Stuart can handle the problem.
我有信心史都華可以處理這個問題。

參考單字

challenge [ˈtʃæləndʒ] *n.* 挑戰；困難
situation [ˌsɪtʃuˈeɪʃən] *n.* 情況
overcome [ˌoʊvəˈkʌm] *v.* 克服；戰勝
(overcome-overcame-overcome)

學習焦點

1. **seem + adj.** 似乎……
seem [sim] 是連綴動詞，其後接形容詞。
• Are you all right? You seem unhappy.
你還好嗎？你似乎不開心。
2. **(Sb) tries to + V.** (某人) 試著、想要(做某事)。
• You should try to be more hardworking.
你應該試著更努力一點。
3. **carry on** 繼續
相當於 go on。
• Terry stopped exercising for five minutes,
and then he carried on/went on.
泰瑞休息五分鐘，然後再繼續運動。

隨堂測驗·填空题

- ① It was hard for me to _____ Emily.
② Nick is a _____ and friendly person.
③ I fell asleep for a short _____ of the flight.
④ Jenny didn't _____ that we were joking.

1. forgive 2. confident 3. period 4. realize : 基測

Be Strong



Track 41

Sometimes I face challenges.*
Sometimes I am in a situation* that
seems dangerous or impossible.

I often want to give up during
these periods,¹ but I know that I can't.
I realize² that if I give up, I will never
forgive³ myself. Instead, **I try to be**
confident⁴ and have courage. I try to
overcome* my fears and **carry on**.

I suggest that you do the same
thing. You won't
always succeed, but
you still have to try.
You'll be proud of
yourself, even if you
fail.





勇氣能帶給你力量



Track 42

During World War II, Adolf Hitler was Germany's leader. Hitler was an evil man. He wanted to control Europe. Hitler's army¹ conquered* more than 10 countries. **Hitler only had one enemy left:** England.

England was alone.² **People expected England to give up.** However, England had a leader named Winston Churchill. Churchill refused to give up. Germany bombed³ London 57 nights **in a row.** They also bombed other cities. Churchill and England kept their courage. They never stopped fighting.

Finally, other countries helped England. England and its allies* got a victory.⁴ Churchill's courage saved the world. **ABC**

中文翻譯請見第 129 頁



重點單字

- 1. army** [ˈɑːrmi] *n.* 軍隊
Mitchell was in the army for six years.
米契爾在軍中服役六年。
- 2. alone** [əˈlon] *adj.* 單獨的
The little boy was alone, so he was very scared.
那個小男孩落單了，所以他非常害怕。
- 3. bomb** [bʌm] *v.* 轟炸
The airplane bombed a factory.
那架飛機轟炸了一間工廠。
- 4. victory** [ˈvɪktəri] *n.* 勝利
Louis is a great boxer, so he'll probably have a victory tonight.
路易斯是很厲害的拳擊手，所以他今晚可能會贏得勝利。

參考單字

conquer [ˈkɒŋkə] *v.* 攻佔；征服
ally [ˈæli] *n.* 同盟者

學習焦點

- 1. (Sb) only has one + N. + left.**
(某人) 只剩下一個……。
- I only have one class left, and then I can go home.
我只剩一堂課，然後就可以回家了。
- 2. A expects B to + V.** A 預期 B 會(做某事)。
expect [ɪkˈspekt] 在此表示「預計；預料」之意。
- The doctor expects Fran to get better soon.
醫生預計法蘭很快就可以康復了。
- 3. in a row** 連續不斷地
字面意思為「連成一排」，引申為「連續不斷地」，為副詞片語，置於句尾。
- Our baseball team won eight games in a row.
我們的棒球隊連贏八場比賽。

隨堂測驗・是非題

- _____ ❶ Hitler was Germany's leader during World War II.
- _____ ❷ England bombed Germany 57 nights in a row.

解答：X X O X

重點單字

- 1. chemistry** [ˈkɛmɪstri] *n.* 化學
Vincent doesn't understand chemistry at all.
文森對化學一無所知。
- 2. language** [ˈlæŋɡwɪdʒ] *n.* 語言
You can learn Italian or Spanish in this language school.
你可以在這間語言學校學義大利文或西班牙文。
- 3. importance** [ɪmˈpɔːtəns] *n.* 重要性
Raymond told his son about the importance of being honest.
雷蒙告訴他兒子誠實的重要性。
- 4. effort** [ˈɛfət] *n.* 努力
To win the contest, you'll need confidence and effort.
為了贏得比賽，你需要信心和努力。

參考單字

resourceful [rɪˈsɔːsɪfəl] *adj.* 善用資源的

學習焦點

- 1. make the most of (sth)** 充分利用 (某物)
- Ellen made the most of her free time and learned many new things.
愛倫充分利用她的空閒時間，學習到許多新事物。
- 2. as + adv. + as (sb) can** 盡 (某人) 所能……
- Sarah will arrive as early as she can.
莎拉會盡量早到。
 - Benny will behave as politely as he can.
班尼會盡量表現得有禮貌。

隨堂測驗 · 連接相關字詞

effort	•	English
language	•	value
importance	•	a kind of science
chemistry	•	hard work

解題： effort=hard work, language=English, importance=value, chemistry=a kind of science

USE WHAT YOU HAVE

物盡其用

Track 43

Being resourceful* means **making the most of what you have**. Maybe you don't have much money, but you have free time. Use your free time **as much as you can**. Maybe you're not good at chemistry,¹ but you're good at languages.² How can your language skills help you?

There are plenty of ways to reach your goals. You just have to look at the things around you. Then, ask yourself, "How can I use these things?"

Never forget the importance³ of using effort⁴ and being resourceful. It can change your life.



Track 44

Jan Matzeliger was born in a poor family. From a young age, he had a dream.

Matzeliger wanted to invent a machine¹ that could make shoes more quickly. He had a very low² income,³ so he couldn't buy new materials.* Instead, he just built his machine from old pieces of iron.⁴ He used old pieces of leather* to make shoes.

Finally, Matzeliger built his machine and became very successful. Matzeliger didn't have much money, but he had imagination. For him, that was enough. **ABC**

中文翻譯請見第 129 頁

重點單字

1. **machine** [məˈʃɪn] *n.* 機器
This machine is pretty dangerous.
這台機器相當危險。
2. **low** [lə] *adj.* 低的
Do you think the price is low enough?
你認為價格夠低嗎？
3. **income** [ˈɪn.kəm] *n.* 收入
Samuel hopes his income will be higher next year.
山繆希望他明年的收入高一些。
4. **iron** [ˈaɪən] *n.* 鐵
The roof of the house is iron.
那棟房子的屋頂是鐵皮。

參考單字

material [məˈtɪriəl] *n.* 材料；原料

leather [ˈleðə] *n.* 皮革

學習焦點

1. (Sb) was born in a(n) + adj. + family.

(某人) 出生在一個……的家庭。

- Gene is lucky because he was born in a happy family.
吉恩很幸運，因為他出生在一個快樂的家庭。

2. a piece of + N. 一片、一張、一塊……

用來表示不可數名詞的數量。「兩片、張……」則說 two pieces of + N.，以此類推。

- Those two pieces of wood are so heavy.
那兩塊木頭好重。
- Dora cut her foot on a piece of glass.
朵拉的腳被一片玻璃割到。

隨堂測驗・是非題

- _____ ❶ Matzeliger used new material to make his machine.
- _____ ❷ Imagination wasn't enough for Matzeliger.
- _____ ❸ Matzeliger's family didn't have much money.
- _____ ❹ The new machine made shoes more quickly.

解答：❶ 〇 ❷ 〇 ❸ X ❹ X

重點單字

1. **impolite** [ˌɪmpəˈlaɪt] *adj.* 無禮的
Tom is always impolite and unfriendly.
湯姆一向無禮且不友善。
2. **anger** [ˈæŋɡə] *n.* 憤怒
Angela can never control her anger.
安琪拉向來控制不住自己的怒氣。
3. **explain** [ɪkˈspleɪn] *v.* 解釋；說明
Can you explain the rules of this board game?
你可以解釋一下這個桌遊的規則嗎？
4. **behave** [bɪˈheɪv] *v.* 表現
Vanessa's dog behaves so well.
凡妮莎的狗好乖。

參考單字

annoy [əˈnoɪ] *v.* 使惱怒；惹惱

tolerate [ˈtɒlə.reɪt] *v.* 寬恕；容忍

學習焦點

1. **from time to time** 有時候
相當於 sometimes。
- Helen goes to dance class from time to time.
海倫有時會去上舞蹈課。
2. **set a good example for (sb)**
當（某人）的典範
set a bad example 為「做出不良示範」。
- Andrew always tries to set a good example for his kids.
安德魯總是設法當孩子們的典範。
 - When you eat junk food, you set a bad example for your little sister.
你吃垃圾食物時，就給你妹妹做了不良示範。

ABC 超音波

i_e 發 [aɪ] 的音，如文中的 impolite、time 和常見的 nine、hire 等字。

隨堂測驗・是非題

- _____ ❶ Anger can always help you.
- _____ ❷ You can change everyone.
- _____ ❸ "From time to time" means "sometimes."

解答：❶ X ❷ X ❸ X

Learning to Accept People

學會接納他人



Track 45

When you meet **impolite**¹ people, do you get angry? You might want to do that, but you must remember that **anger**² won't help you.

When people annoy* you, don't lose your temper. Don't **explain**³ to them why they're wrong. Just remember that you'll meet difficult people **from time to time**. All you can do is **tolerate*** them. After all, you can't change everybody.

If you want to help others change, **set a good example for them**⁴. When they see you behave⁴ well, they might want to do the same.

