

聽懂英語發音規則，
掌握答題關鍵技巧！



【數位學習版】

本書內容支援發音點讀筆
內附雙重功能DVD-ROM

1. 電腦互動光碟 for PC 2. 朗讀MP3

英語聽力

LISTEN UP *Improving English Proficiency through Listening*

有救了！

基礎篇

紮實英語聽力訓練，滿足各種考試需求

掌握技巧，多做練習題組，
英聽測驗沒你想的那麼難！

適用程度

全民英檢初級以上
新多益350分以上
CEFR A2-B1等級



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含 12 大單元，36 篇情境會話 +
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CONTENT CHART


Unit	Topic	Listening Tasks	Skills Check	Real-World Practice	Pages
1	Greetings and Introductions	<ul style="list-style-type: none"> ❑ Greeting and introducing oneself ❑ Giving contact information ❑ Meeting people and making new friends 	Word Stress	Telephone Message	11-20
2	Family and Friends	<ul style="list-style-type: none"> ❑ Sharing information about family members ❑ Recognizing people's good and bad qualities ❑ Describing one's friend 	Sentence Stress	Entertainer's Profile / Actor's Biography	21-30
3	Routines and Tasks	<ul style="list-style-type: none"> ❑ Talking about routines ❑ Going over a schedule ❑ Multitasking 	Linking Sounds	To-do List / Monthly Planner	31-40
4	In Your Free Time	<ul style="list-style-type: none"> ❑ Making plans for the weekend ❑ Sharing one's hobbies and interests ❑ Discussing one's free time activity preferences and past experiences 	Reduced sounds	Scoreboard / Sports Report	41-50
5	Being Social	<ul style="list-style-type: none"> ❑ Comparing dating customs ❑ Giving and accepting compliments ❑ Talking about parties 	Fillers	Finding Friends / Facebook Page	51-60
6	Going Shopping	<ul style="list-style-type: none"> ❑ Going grocery shopping ❑ Shopping for clothes ❑ Buying electronics 	English Homonyms and Heteronyms	Grocery List / Selecting a Smartphone	61-70

Unit	Topic	Listening Tasks	Skills Check	Real-World Practice	Pages
7	Cuisine and Culture	<ul style="list-style-type: none"> <input type="checkbox"/> Discussing favorite restaurants <input type="checkbox"/> Ordering food <input type="checkbox"/> Comparing eating habits at home and abroad 	Linkage	Ordering Food / Menus	71-80
8	Entertainment and the Media	<ul style="list-style-type: none"> <input type="checkbox"/> Discussing TV programs <input type="checkbox"/> Talking about types of movies and TV shows <input type="checkbox"/> Debating the qualities of advertisements 	Vowel Weakening: the Schwa	TV Schedule / Radio Advertisement	81-90
9	Around the City	<ul style="list-style-type: none"> <input type="checkbox"/> Running errands <input type="checkbox"/> Searching for locations in a city <input type="checkbox"/> Asking and giving directions 	Glottal Stop	City Map	91-100
10	From One Place to Another	<ul style="list-style-type: none"> <input type="checkbox"/> Getting around an area <input type="checkbox"/> Commuting to work <input type="checkbox"/> Using public transportation in a city 	Pronunciation: "the" [ə] & [i]	Subway Map	101-110
11	Healthy Life	<ul style="list-style-type: none"> <input type="checkbox"/> Going on a diet <input type="checkbox"/> Sharing one's good and bad eating habits <input type="checkbox"/> Talking about health issues 	The Final "-s": [s], [z], [ɪz]	Food Label / Medical Prescription	111-120
12	The Climate and Weather	<ul style="list-style-type: none"> <input type="checkbox"/> Discussing the weather <input type="checkbox"/> Comparing climates <input type="checkbox"/> Changing plans due to the weather 	Tapping/ Flapping: the Letters "t" and "d"	CNN Weather Report	121-130

Unit 1

Greetings and Introductions

Checklist

In this lesson, you will learn about . . .

- ❑ Greeting and introducing oneself
- ❑ Giving contact information
- ❑ Meeting people and making new friends



Getting Ready

What do you say when you want to greet people?

Match each statement or question with the correct response. Check your answers with a partner.

_____ ① Hello, Kelly.

_____ ② Hi, what's your name?

_____ ③ Hey, how are you doing?

_____ ④ Good morning, Josh.

_____ ⑤ Nice to meet you.

Ⓐ Good morning.

Ⓑ I'm fine, thanks.

Ⓒ Hello, Jenny.

Ⓓ Nice to meet you, too.

Ⓔ Hi, my name is Tommy.

Listening Task A

A1. Get the Gist Track 001

Listen to the audio. Answer the question by checking (✓) the correct picture.

Q: Which group is Michelle in?



A Chess club



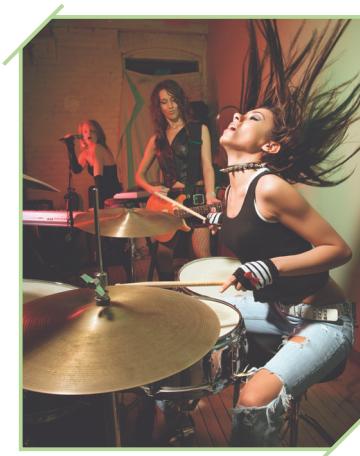
B Art club



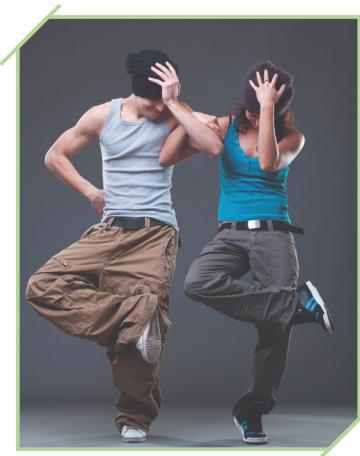
C Drama club



D Basketball team



E Rock band



F Dance club

A2. Vocabulary Builder

Fill in the blanks with the correct words or phrases. If necessary, make changes to the words or phrases.

check sth. out	free	gym	head over	schedule	show	theater
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- ① There is a new TV _____ on channel 30 at 9 p.m. tomorrow.
- ② After dinner, they plan to _____ to their friend's house.
- ③ I feel like I am getting too fat, and I need to go to the _____ more often.
- ④ He looked at his _____ and saw he had a meeting at 2 p.m.
- ⑤ There was a concert last night, and my friend asked me if I wanted to _____.
- ⑥ She is _____ this weekend because she doesn't have to work.
- ⑦ We had trouble finding a seat because the movie _____ was full.

A3. Get the Details Track 001

Listen to the audio again. Then answer the questions by choosing **a**, **b**, **c**, or **d**.

① What does Michelle forget?

- a** Her cell phone
- b** The man's schoolbook
- c** Her homework for her next class
- d** The man's name

② What kind of show is Michelle a part of?

- a** An art show
- b** A drama club show
- c** A rock band show
- d** A TV show

③ Where is Tommy going when he meets Michelle?

- a** To the gym
- b** To the store
- c** To the library
- d** To the theater

④ Why might Tommy not be able to go to the show?

- a** He has dinner plans.
- b** He is going to the chess club.
- c** He has homework to do.
- d** He has to go to work.

A4. Useful Expressions—Greetings Track 002

Hi	How are you?	Fine.
Hello./Hey. Good morning/afternoon/evening.	How are things? How are you doing? How is it going?	Pretty good. Great. All right.
How about you?	Good to meet you.	Bye.
What about you? And you?	Nice to meet you. It's nice meeting / to meet you. It's a pleasure to meet you.	Goodbye. See you later. Have a good day.

A5. Speak Up Track 003

Work in a group of three. Create a conversation using the cues. Take turns with each role. Then listen to track 3 to compare your conversation.

A:	(Introduce yourself to Student B.) What's your name?
B:	(Introduce yourself to Student A.) How are you?
A:	(Tell Student B how you are.) What about you?
B:	(Tell Student A how you are.) (Introduce Student C to Student A.)
C:	Hello, (A's name). It's nice to meet you.
A:	It's nice to meet you, too.



Real-World Practice


Part A: Listening to a Telephone Message Track 013

Listen to the audio and select the correct phone message.

(A)

Telephone Message	
To: Kate	From: Bruce
Message: <u>You left your student card in the library. Call Bruce and he will come over.</u>	
Phone Number: 775-4962	

(B)

Telephone Message	
To: Kate	From: Bruce
Message: <u>You left your book in class. Bruce said he will bring it to class tomorrow.</u>	
Phone Number: 775-4962	

Part B: Taking a Telephone Message Track 014

Listen to the audio and fill in the message. The names in the conversation are in the box.

Celia Walters

Harris Industries

Shelly Turner

For _____	Date 1/25	Time 1:45	A.M. P.M.
WHILE YOU WERE OUT			
M _____			
Of _____			
□ Phone _____			
□ Fax _____			
□ Mobile _____	Area Code	Number	Extension
TELEPHONED	PLEASE CALL		
CAME TO SEE YOU	WILL CALL AGAIN		
WANTS TO SEE YOU	URGENT		
RETURNED YOUR CALL	SPECIAL ATTENTION		
Message _____			

Review

Part A: Photograph Track 015

Listen and choose the sentence that best describes the photo.

1.



Part B: Question and Response Track 016

Listen and choose the best response to the sentence you hear.

2.

3.

4.

5.

6.

Part C: Short Conversation Track 017

Listen to the short conversation and answer the questions.

7. Why is the woman going to the theater?

(A) She is going to see a show. (B) She is in the drama club.
(C) She is in the chess club. (D) She works at the theater.

8. Why did the man want her phone number?

(A) He wanted to take her out to dinner. (B) He wanted to ask about the homework.
(C) He wanted information on the show. (D) He wanted to give it to a friend.

9. Where does the woman tell the man to look?

(A) On Twitter (B) On television (C) In his e-mail (D) On Facebook

Part D: Short Talk Track 018

Listen to the short talk and answer the questions.

10. Where does the dance club practice?

(A) At the gym (B) At the theater (C) At the subway station (D) At a dance studio

11. What is the purpose of the charity mentioned in the speech?

(A) To teach children how to play music (B) To give children a safe place to learn to dance
(C) To teach children ballet dancing (D) To raise money for sick children

12. Where can people find information about the dance club?

(A) On the club's Web site (B) On posters around campus
(C) On Facebook and Twitter (D) In e-mails the club sends out