

用英文跨領域學習、培養核心素養
實踐新課綱三面九項

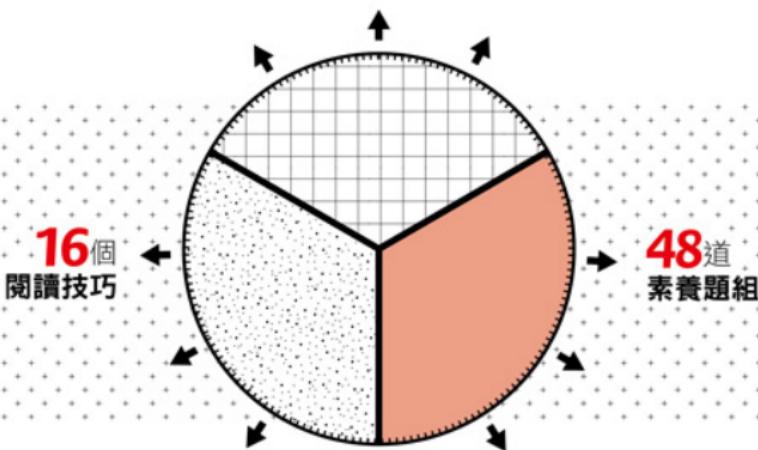


提供 MP3
線上下載

16堂 培養 核心素養 的英文閱讀課

Developing Core Competencies in English through Reading (Beginner)

初級篇



整合語言學習力 · 厚植問題解決力

LiveABC
英語數位學習第一品牌

Unit
2

Eggshells: Not Just Kitchen Waste



Warm Up

Reading Strategy: Summarizing

Summarizing is when you take key facts or points from a text and give a brief overview of what the author discusses. For example, you may summarize a research paper or conversation by condensing it into one paragraph or some bullet points. Summaries should simplify the material and omit details that may distract the reader from more important information.

Based on the following text, try to use your own words to summarize the benefits of eggshells into three main points.



Reading Comprehension

利用前述的閱讀技巧來回答下列問題。

1. Which sentence summarizes the second paragraph?

- A. Food will get stuck to your dishes.
- B. Eggshells can be used for cleaning.
- C. You should mix eggshells with soap.
- D. Most people don't know how to use eggshells.

2. Which sentence summarizes the fourth paragraph?

- A. Mix lemon slices and dry, clean eggshells into a sock.
- B. The sock prevents damage to your washing machine.
- C. You can make laundry whitener with eggshells.
- D. Your clothes will be cleaner with eggshells.

3. Which sentence summarizes the fifth paragraph?

- A. Eggshells have several health benefits.
- B. You can feed eggshells to your pets.
- C. You have to boil or bake eggshells.
- D. You can turn eggshells into a powder.

Track 2

Everyone loves a big delicious breakfast, especially when it is made with fresh eggs. Afterwards,¹ most people throw their empty eggshells out with the kitchen waste. However, that's only because they don't know about the many uses of eggshells.

If stubborn² food gets stuck to your breakfast dishes, you don't need to look far for help. Eggshells are a wonderful cleaner. Simply break them into tiny pieces, mix them with soap and water, and then use them to wash the mess³ away. You can also use this solution to clean out water bottles, get rid of grime⁴ in your pipes, and make your toilets shine.



* 答案請見別冊第 3 頁



15 Eggshells are also great for your garden. Spread broken eggshells onto the garden soil to help your plants grow. This has the added benefit of keeping pests⁴ like snails and worms away. If you are growing plants from seeds, try filling half an eggshell with soil, plant the seeds inside, and place the whole thing in a pot.

20 The eggshell will break down to provide nutrients⁵ for the new sprouts.

Eggshells can be great for personal use. Take a few dry, clean eggshells, add some lemon slices, and mix them in an old sock. Congratulations! You now have a cheap, easy-to-make laundry⁵ whitener.⁶ You'll be surprised by how bright and clean your clothes come out. And don't worry about damaging your washing machine: the sock will keep the eggshells from touching it directly.

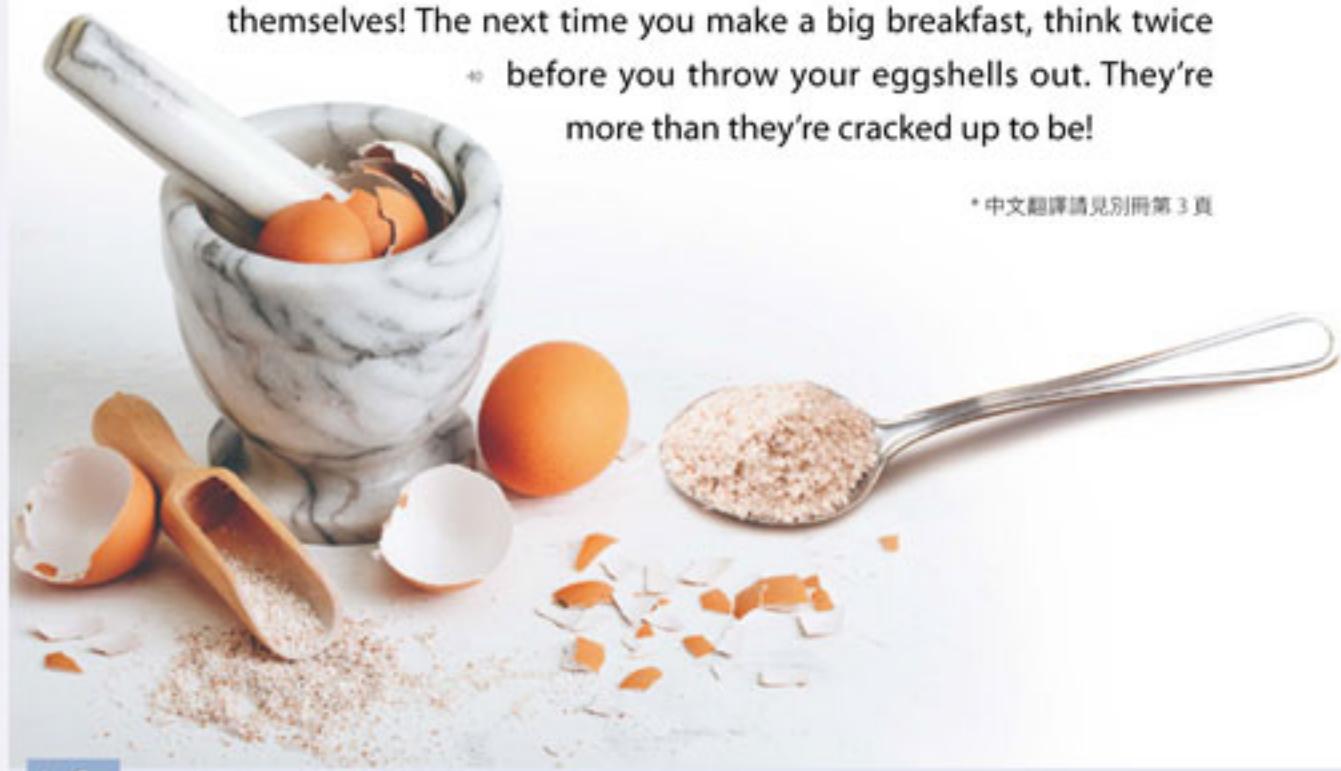




Surprisingly, you can also eat your eggshells. They are rich in minerals⁴ that promote⁵ strong teeth, bones, and joints. Just be sure to boil or bake your eggshells first to kill off any bacteria.⁷ After turning them into powder,⁸ you can add them to your favorite foods and drinks. You can even feed them to your pets to help them stay healthy well into old age.

Clearly, eggshells are good for far more than taking up space in your kitchen waste bin.⁹ They have almost **as many uses as** the eggs themselves! The next time you make a big breakfast, think twice before you throw your eggshells out. They're more than they're cracked up to be!

* 中文翻譯請見別冊第 3 頁



Info Box

標題中的 **kitchen waste** 指「廚餘；廚房廢棄物」。

第 7 行 **stuck** 為 **stick** 的過去分詞，**get stuck to sth** 指「黏在、附著在……上」。

第 17 行 **added benefit** 指「附加的好處」，**added** 作形容詞用，指「附加的；額外的」；**keep sb/sth away** 表示「使……遠離、不靠近」。

第 20 行片語動詞 **break down** 在此作不及物用，表示「分解、崩解」。

第 24 行複合形容詞 **easy-to-make** 指「容易製作的」。

第 31 行 **be rich in sth** 表示「富含……」。

第 33 行 **kill off** 表示「完全消滅；徹底殺死」。

第 34 行 **turn A into B** 表示「將 A 變成 B」。

第 36 行 **well** 作副詞，用來強調，指「充分地、完全地」；**into old age** 表示「進入老年」。

第 37 行 **take up** 作及物用，表示「占據、占用（時間或空間）」。

第 40 行 **sth be more than they're cracked up to be** 指「某事物比大家說得還要好」；**crack** 還可指「打破（蛋）」，用來呼應主題。

Vocabulary

- 1. afterwards** [æftəwədz] *adv.* 之後；後來
I had a big lunch, so afterwards I took a nap.
- 2. stubborn** [stʌbən] *adj.* (汙漬等)頑固的；固執的
Jake refuses to change. He is such a stubborn guy!
- 3. mess** [mes] *n.* 級類(的東西)；混亂、一團糟
(make a mess 指「弄得很亂；搞得亂七八糟」)
The painters made a huge mess in the living room.
- 4. pest** [pest] *n.* 害蟲；破壞作物的動物或昆蟲
Rats and cockroaches are examples of common pests.
- 5. laundry** [ləndri] *n.* 待洗或剛洗好的衣物(不可數，可用 do the/one's laundry 表示「洗衣服」)
I do my laundry every Sunday.
- 6. promote** [prə'mot] *v.* 促進、增進；提升
Some types of fruit juice can promote healthy sleep.
- 7. bacteria** [bæk'tirɪə] *n.* 細菌(為 bacterium 的複數形)
Uncooked food, especially meat, contains a lot of bacteria.
- 8. powder** [paʊdə] *n.* 粉末
Chinese medicine is often given in powder form.

參考字彙

- grime [graɪm] *n.* 汚垢、塵垢
- nutrient [njuːtrɪənt] *n.* 營養物、養分
- sprout [spraut] *n.* 新芽、幼苗
- whitener [waɪtnə] *n.* 漂白劑
- mineral [mɪnərəl] *n.* 矿物質
- bin [bɪn] *n.* 箱子；容器

Language Notes

1. You can also use this... 句子解析

You can also use this solution to **clean out** water bottles, **get rid of** grime in your pipes, and **make your toilets shine**.

A **clean out** 在此作及物用，指「徹底清理；把……清乾淨」。

- You should clean out those glass bottles before you recycle them.
你回收那些玻璃瓶之前應該把它們清除乾淨。

B 片語動詞 **get rid of** 指「擺脫、去除」。

- Garage sales are a good way to get rid of things that you no longer need.
車庫特賣會是把你用不到的東西清除的好方法。

C **make** 在此指「致使、讓……」，受詞補語要用原形動詞。**shine** 在此指「發光、閃亮」。

- That book will make you want to travel more.
那本書會使你想要多去旅行。

2. as many N. as... 的用法

as... as 表示程度上「和……一樣」，比較對象為名詞的數量時，可用下列句型：

as many + 複數可數名詞 + as... (文中用法)
as much + 不可數名詞 + as...

- Nobody has as many toys as he (does).
沒有人有像他一樣多的玩具。
- I have just as much work to do as she (does).
我要做的工作就跟她一樣多。

⇒ 前後動詞相同時，常用助動詞 do/does/did 代替，亦可直接省略，如文中 the eggs themselves 後面即省略了動詞 have 或助動詞 do。

下圖為菜單中四道早餐菜色的描述，請寫出下面四張圖對應的英文菜名。

English Breakfast
Your choice of ham or bacon, served with fried tomatoes, two buttery fried eggs, mushrooms, sausage, and baked beans in tomato sauce.

Eggs Benedict
Two poached eggs each placed on a slice of Canadian bacon, piled on a toasted English muffin, topped with Hollandaise sauce, and served with a side of potatoes.

Omelet
Filled with cheese and your choice of mushrooms, bacon, or ham. Made fresh and topped with cherry tomatoes, parsley, and grated onion.

Egg in a Hole
Two slices of white or brown bread fried in butter, with an egg right in the middle, topped with black pepper and bacon bits.



A



B



C



D



Challenge Yourself 3

以下是一個粉絲團的留言版，請根據本單元文章內容來回覆網友問題。



Eggshell Club

 Judy Lee 15min · 

I can't get these stubborn stains out of the inside of my coffee mug! Is there any magic solution to get rid of them?

 Write a message... 

 Kathy Wood 19min · 

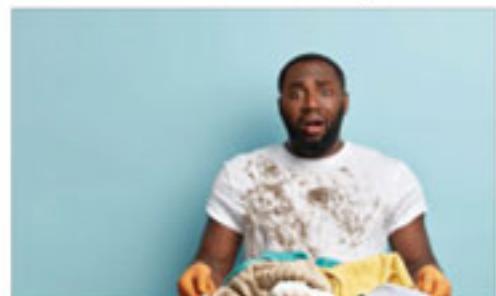
Lately I have seen a lot of caterpillars around my house, and now my hydrangeas are getting destroyed. Any advice?



 Write a message... 

 Jim Stone 32min · 

My white T-shirt got so filthy today at soccer practice. I doubt I can get these sweat stains out ... what do you think?



 Write a message... 

* 答案請見別冊第 3-4 頁